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## UINTAH BASIN HEALTHCARE

FOR IMMEDIATE RELEASE

# PRESS RELEASE

## UBMC Offers Parenting Education *Helping Parents Be Effective Leaders at Home*

**December 13, 2013:** Uintah Basin Medical Center has partnered with the *World Peace Parents Foundation*®, a 501(c)(3) public charity dedicated to providing educational tools and materials to help parents be effective leaders at home through its *Begin with the Children*® parenting program.

*Begin with the Children*® features the "3 Parent Things™" Parenting Plan and user-friendly educational materials for parents and children to strengthen families at home. The "3 Parent Things™" focuses on having love for your children, helping your children learn responsible agency, and teaching your children noble virtues and values.

Christy Thacker, UBMC OB Department Manager, states "Parents of newborns born at UBMC are being offered a DVD, a kit including the "3 Parent Things™" booklet, and a 1-year subscription to "Kinder Kronicle®", a monthly magazine full of ideas, thoughts and advice from experts in the field of parenting."

Numerous studies conclude that the best time for parents to develop family leadership skills is during the first 5 years of their children's lives. The *Begin with the Children*® Parenting Plan focuses on principles that help parents become effective leaders of their family while their children are young.

The *Begin with the Children*® program believes that when parents are effective leaders at home, they are more likely to produce well adjusted, happy, and better educated children who are less likely to be involved in drugs, crime, and other society-destructive activities.

Christy Thacker, UBMC OB Department Manager, states "UBMC is a strong supporter of patient education. We do all we can to educate parents and caregivers to help support a healthy, happy life for both the parents and the baby. With healthy parents and healthy children, we will have a healthier community."

For further information about the *World Peace Parents Foundation*®, or related parenting plans, visit

[www.mission.worldpeaceparents.org](http://www.mission.worldpeaceparents.org).

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Uintah Basin Healthcare is a community not-for-profit healthcare system, serving the Uintah Basin since 1944. Today, Uintah Basin Healthcare is the largest and most comprehensive rural-based healthcare system in the state of Utah.