

Having a Baby?

CLASSES ARE AVAILABLE TO HELP YOU PREPARE!

We offer information about pregnancy, labor and delivery, relaxation, breathing, pain management, breastfeeding, post-partum and newborn care.

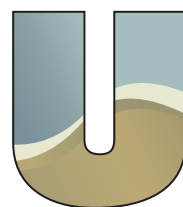
Classes are held at Uintah Basin Medical Center
250 W 300 N - Roosevelt, UT
from 6:00 PM - 8:30 PM.

We encourage all those
expecting a baby to attend!
It's FREE!

To register, contact
the OB Department
at (435) 722-6150.

CLASS #1:	Jan 16 & 23
CLASS #2:	Feb 13 & 20
CLASS #3:	March 13 & 20
CLASS #4:	April 17 & 24
CLASS #5:	May 8 & 15
CLASS #6:	July 10 & 17
CLASS #7:	Oct 9 & 16
CLASS #8:	Nov 13 & 20

2019



Uintah Basin
Medical Center
UINTAH BASIN HEALTHCARE