



For more information contact:

Jill Vicory

Director, Member and Community Affairs

jill@utahhospitals.org

UHA NAMES ALARIK MYRIN RURAL TRUSTEE OF THE YEAR

(September 30, 2019) Alarik Myrin, a member of the Uintah Basin Healthcare Board of Trustees, was recently awarded the 2019 Rural Hospital Trustee Service Award by the Utah Hospital Association. The award, presented during the Association's Fall Leadership Conference at Deer Valley Resort in Park City, recognizes individuals who have made significant contributions to Utah's healthcare sector while serving as a community trustee.

Myrin has served on the Uintah Basin Healthcare board for nearly six years. During that time, he has distinguished himself as a valuable board member and leader. He brings to the board a vast knowledge of diverse team environments, including industrial operations, politics and governance.

Alarik's broad expertise has significantly impacted the future of Uintah Basin Healthcare. One example is his leadership as Board Chair while guiding a highly political restructuring of the organization, allowing Uintah Basin Healthcare to compete openly in the market without geographical restriction. This change was essential in positioning Uintah Basin for long-term success as a rural independent hospital.

Alarik's legislative expertise and knowledge, gained from his service in both the Utah Senate and Utah House of Representatives, helped Uintah Basin Healthcare to navigate the political waters associated with this change. The organization is now moving forward with the next phase of growth to better serve the region.

In addition to the contributions Alarik makes to Uintah Basin Healthcare, he also stays involved in the healthcare sector by serving as a member of the UHA Board of Trustees. In this role he represents rural Utah, voicing the challenges and obstacles faced in rural healthcare delivery that differ significantly from

those found in an urban setting. He also shares the “lessons learned” from serving on boards in other industries, providing diverse viewpoints and ideas that can enhance the decision-making process.

Professionally, Alarik is an active member of the ranching sector, having served on local, state and national boards related to cattle ranching. He has also been a leader on the finance side of the cattle business, having served on the boards of US AgBank, Western Ag Credit and CoBank.

According to Uintah Basin Healthcare CEO Jim Marshall, “honesty and integrity are core values in how Alarik leads and lives his life. When he accepts a responsibility as a member of the board, he devotes his full time and attention to the fulfillment of that responsibility, leading by example”. During his tenure, Alarik has led board committees related to quality, governance and finance, among others.

Alarik is the first to downplay his contributions and point to a great team at Uintah Basin Healthcare as the key for success. He has great respect for his fellow board members and hospital staff. “What we did, we did together,” he says. “Everybody was up to the task. Additionally, our predecessors at Uintah Basin Healthcare laid amazing groundwork, making what the organization is today possible”.

###

Video link: <https://vimeo.com/363350247>



L to R: UBH President/CEO James Marshall, UBH Board of Trustees Alarik Myrin, UHA President/CEO Greg Bell and UHA Board of Trustees Chair Greg Poulsen