Having a Baby?

CLASSES ARE AVAILABLE TO HELP YOU PREPARE!

We offer information about pregnancy, labor and delivery, relaxation, breathing, pain management, breastfeeding, post-partum and newborn care.

Classes are held at Uintah Basin Medical Center 250 W 300 N - Roosevelt, UT from 6:00 PM - 8:30 PM.

We encourage all those expecting a baby to attend!
It's FREE!

To register, contact the OB Department at (435) 722-6150.

CLASS #1:	Jan 8 & 15
CLASS #2:	Feb 12 & 19
CLASS #3:	March 11 & 18
CLASS #4:	April 15 & 22
CLASS #5:	May 13 & 20
CLASS #6:	Aug 12 & 19
CLASS #7:	Sept 16 & 23
CLASS #8:	Oct 14 & 21
CLASS #9:	Nov 11 & 18



